

Pledge of Future Reconciliation

*Lord, whenever the opportunity may be available to me,
I resolve to make a sacramental confession.
But, come now and bring your healing grace.
Amen.*

**Prayer of Spiritual Communion
By St. Alphonsus Ligouri**

*My Jesus, I believe that you are present in the most Blessed
Sacrament. I love You above all things
and I desire to receive You into my soul.
Since I cannot now receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there, and unite myself
wholly to You. Never permit me to be separated from You.
Amen.*



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